



Parents as Teachers™  
*Affiliate*

## GET INVOLVED WITH PARENTS AS TEACHERS HOME VISITATION PROGRAM...

In the early years, children learn more and at a faster pace than at any other time in life. You can help shape your child's future through the kinds of experiences you provide. Your baby was born to learn, and you are your children's first and most important teacher. How do you help your child learn, grow and develop to realize their full potential?

Receive support from a certified Parent Educator trained to help you understand what to expect during each stage of your child's development and to connect you to the resources you need to make the best choices for your family.

You will receive:

- Personal visits customized to the needs of your family.
- PLEASE NOTE: DURING THE COVID-19 crisis South Region Parents as Teachers continues to enroll and serve families across Southwest Alberta through personal virtual and/or telecommunications visits.
- Developmental screenings to make sure your child is healthy, safe and developing on track.
- Group connections to link you to other parents.
- Referrals to community resources.
- Timely and meaningful information and resources.

On each personal visit we will:

- Look at your child's development and talk about parenting challenges you face right now.
- Think about family dynamics impacting your child's development and your parenting values and decisions.
- Build protective factors to keep you, your child and your family healthy, strong and resilient.

What South Region PAT families have to say:

- "I like learning new ideas, games and activities. My kids love it!"
- "This program has been life changing for me. It has given me tools to understand my children. It has made me a confident parent."
- "Regular visits allow us to share our experiences and challenges as a parent."
- "I like getting information on local resources."

Be a Parents as Teachers parent!

- Be confident in your role as a parent.
- Connect with your child through play.
- Get involved in your child's education.

For information about registering in this **FREE** program during pregnancy or in the first years of your child's life call 403-320-5983.

Connect with South Region PAT at  
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Learn more about the most widely replicated evidence-based home visiting model in the world at [www.parentsasteachers.org](http://www.parentsasteachers.org)